



MAKING EVERY STEP COUNT

SafeStep is dedicated to serving individuals, families and their foot care providers by offering the highest quality shoes and inserts to help foster a healthier and more active lifestyle.

For people with diabetes, SafeStep offers the most comprehensive selection of comfortable, extra depth, reimbursable footwear available, in styles that range from dress to casual to athletic.

WOMEN'S	MEN'S
Walking 2	Walking 16
Sport 3	Sport 18
Casual 7	Casual 22
Dress 10	Dress 24
Boots 11	Boots 26
Stretch 12	
Unisex Stretch14	

SafeStep offers every shoe from Apex and Orthofeet. Visit SafeStep.net for a complete style listing.



Shoe Fitting Guide

Women's Shoe Widths

4A2ABD2E4EX-NarrowNarrowMediumWideX-WideXX-Wide

Men's Shoe Widths

2ABD2E5E6EX-NarrowNarrowMediumWideX-WideXX-Wide

Don't ask for a size. Ask to be fitted.

Shoe Features

Light Weight

Balance Improvement

AFO Compatible

Extra Roomy

Removable Spacers

Narrow Available

Slip Resistant
Adjustable Heel

Water Resistant

Washable

Apex Conform Foam









WOMENS WALKING

WOMENS WALKING

WOMENS WALKING

WOMEN'S FOOTWEAR







Widths: M, W, XW Depth: 5/16"

Lace Walker x801W















Sizes: 4.5-11,12,13 Widths: M. W. XW Depth: 5/16"

Hook & Loop Leather ww928Hw3











Sizes: 5-11, 12, 13 Widths: B, D, 2E, 4E Depth: 3/16"

Coral 986











Sizes: 5-12 Widths: 2A, B, D, 2E Depth: 12mm

Color: Black



WOMENS WALKING

WOMENS WALKING









NEW!

NEW!

009

Color: Sea Foam/Purple Sizes: 5-11, 12, 13 Widths: M, X, XW Depth: 5/16"

Coral 981





Sizes: 5-11 Widths: M, W, XW Depth: 3/8"

Boss Runner x529W





Sizes: 5-11, 12, 13 Widths: M, X, XW Depth: 5/16"

WOMEN'S FOOTWEAR



Lace Runner w840BM5





Color: Black Sizes: 5-12, 13 Widths: B, D, 2E Depth: 3/16"

Breeze Athletic Knit A7100W





Sizes: 5-11, 12 Widths: M, W, XW Depth: 5/16"

Talya 742













WOMENS SPORT

WOMENS SPORT

WOMENS SPORT



Sizes: 5-11.12 Widths: M. W. XW Depth: 5/16"

Talya 741







Sizes: 5-12 Widths: M, W, XW Depth: 7/16"

Talya 743









WOMENS SPORT

WOMENS SPORT

WOMENS SPORT



NEW!

Francis 846



Widths: M, X, XW Depth: 7/16"

Moravia 947



Widths: M, W, XW Depth: 7/16"

Depth: 5/16"

Boss Runner x521W







Sizes: 5-12 Widths: M, W, XW Depth: 7/16"

Sierra Trail Runner v753W



Sizes: 4.5-11,12,13 Widths: M, W, XW Depth: 5/16"

Reina Runner x532W





WOMENS SPORT

Depth: 5/16"

WOMENS SPORT

NEW!

WOMENS SPORT

NEW!

WOMEN'S FOOTWEAR













Sizes: 6-11, 12 Widths: M, W, XW Depth: 5/16"

Performance Athletic P7300W



Depth: 5/16"

WOMENS SPORT

WOMENS CASUAL

WOMENS CASUAL

WOMENS CASUAL





A3260W





Sanibel 893









Verona 991

Depth: 3/8"









Naples 875







WOMENS CASUAL



Verona 997









Chattanooga 851

Depth: 3/8"







WOMENS CASUAL

WOMENS CASUAL

WOMEN'S FOOTWEAR







NEW!

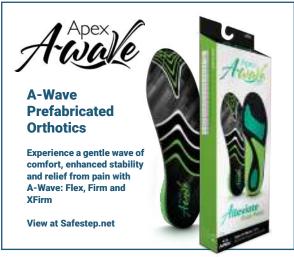






WOMENS CASUAL









WOMENS CASUAL

WOMENS CASUAL







WOMENS DRESS

WOMENS DRESS

WOMEN'S FOOTWEAR













Depth: 5/16"



Evelyn A200W





Sizes: 5-11,12,13 Widths: M, W, XW Depth: 5/16"

NEW!

Chelsea 817



Sizes: 5-12 Widths: N, M, W, XW Depth: 3/8"

Lisa Mary Jane A330W





Sizes: 5-11,12,13 Widths: M, W, XW Depth: 5/16"

Biomechanical Mary Jane B6000W









Janice A300W





NEW! 00 **WOMENS DRESS**



Sizes: 5-11,12,13 Widths: M, W, XW Depth: 5/16"

Florence 867



Sizes: 5-12 Widths: M, W, XW Depth: 7/16"

WOMENS BOOT

WOMEN'S FOOTWEAR











Color: Tan Sizes: 5-11,12,13 Widths: M, W, XW Depth: 5/16"

Dakota 894

Dakota 892



NEW!



Breeze Stretch Walker 835



WOMENS STRETCH

WOMENS STRETCH



Milano 885

Depth: 3/8"





Wichita Spandex 825













Sizes: 5-12 Widths: M, W, XW, XXW

Depth: 3/8"

WOMENS BOOT



Miranda A350W





Sizes: 5-11,12,13 Widths: M, W, XW Depth: 5/16"

Emmy A720W





Sizes: 5-11,12,13 Widths: M, W, XW Depth: 5/16"

Donna A730W

Widths: M, W, XW Depth: 5/16"











SafeStep offers Custom Diabetic Inserts:

Bundle Shoes and CDIs using OHI1Scan Technology.

- Footwear and CDIs bundled and shipped together
- Fabricated to precisely fit your footwear
- · Guaranteed to fit
- Modifications available
- Scans preferred (foam and plaster casts accepted)
- · Medicare PDAC code verified

Visit safestep.net to view our full line of products.



UNISEX STRETCH

UNISEX STYLES

Apex Balance Shoe (ABS) A3200









Sizes:

Women's: 5-11, 12

Men's: 7-13, 14, 15 Widths: M, W, XW

Stretchable Single Strap 1201





APEX

*Not PDAC Verified **Sold Individually (Rt or Lt)

Depth: 1/2" Sizes/Widths:

Women's:

Wide: 4.5/5-12.5/13 X-Wide: 5.5/6-13.5/14

Med: 3.5/4-11.5/12 Wide: 4.5/5-14.5/15

Stretchable T2000











Color: Black Depth: 1/2" Sizes/Widths:

Women's: Wide: 4.5-12,13 X-Wide: 6-14,15,16 XX-Wide: 7-14,15,16

XXX-Wide: 7-14, 15, 16

Medium: 3.5-11,12 Wide: 5-13,14,15,16 X-Wide: 6-13,14,15,16 XX-Wide: 6-13,14,15,16

Stretchable **Double Strap** 1200







APEX

UNISEX STRETCH

UNISEX STRETCH



Color: Black Depth: 1/2" Sizes/Widths:

Women's:

Wide: 4.5-11, 12, 13 X-Wide: 6-14 XX-Wide: 7-14

Med: 3.5-11, 12

Wide: 5-13, 14, 15, 16 X-Wide: 6-13, 14, 15, 16

Stretchable Triple Strap 1209





*Not PDAC Verified **Sold Individually (Rt or Lt)

Color: Black Depth: 1/2"

Sizes/Widths:

Women's: Wide: 4.5/5-12.5/13

X-Wide: 5.5/6-13.5/14 XX-Wide: 5.5/6-14.5/15 Men's:

Med: 3.5/4-11.5/12 Wide: 4.5/5-15.5/16 X-Wide: 4.5/5-15.5/16

ARIZONA AFO

SafeStep offers the Full line of Arizona Gauntlet, Thermoplastic and Specialty AFOs, please visit our website for all styles and medicare coding and reimbursement info at safestep.net





THE ULTIMATE SOCKS:

Unmatched comfort, health benefits, and exceptional features

- · Seamless design curbs ulceration
- · Moisture-wicking promotes drier feet
- Ventilated airflow for temperature control
- Non-binding for improved circulation
- Copper yarn means antibacterial/antifungal/ anti-odor and softer skin
- Heel and forefoot padding for ultimate comfort
- Light arch support helps relieve achiness
- Y-heel and toe construction for perfect fit

Heavenly Healthful Socks™ Irresistible Pricing!



Copper Cloud will help keep feet dry, odor-free and feeling great. **Guaranteed!**

- 1. Non-binding welt
- 2. Moisture-wicking acrylic to keep feet cool and dry
- Y-heel and toe construction for a perfect fit
- 4. Heel and forefoot padding
- 5. Multi-benefit, copper-infused yarn
- 6. Light arch support
- 7. Ventilated airflow
- 8. Seamless construction for maximum protection

X-Small Men: 4-6 Women: 5-6

Small Men: 6.5-8 Women: 7.5-9

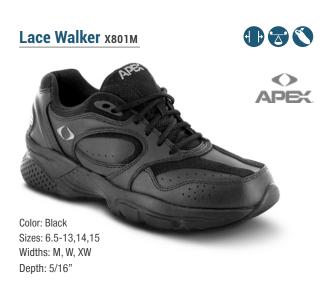
Medium Men: 8.5-10 Women: 9.5-11

Large Men: 10.5-12 Women: 11.5-13 MENS WALKING

MENS WALKING

MENS WALKING

MEN'S FOOTWEAR





Depth: 5/16"









MENS WALKING

MENS WALKING

MENS WALKING

MENS WALKING



Hook & Loop Leather мw928BK3





Sizes: 7-13. 14, 15, 16 Widths: B, D, 2E, 4E, 6E

Depth: 3/16"

Depth: 5/16"

Athletic Strap Walker x920M

















Widths: B, D, 2E, 4E Depth: 12mm

Active Strap Walker G8010M





Active Strap Walker G8210M





Sizes: 6.5-13,14,15 Widths: M, W, XW, XXW

Depth: 1/2"

MENS SPORT

MEN'S FOOTWEAR

Active Lace Walker G7000M





Sprint Tie-less 672







Widths: M, W, XW Depth: 3/8"

Performance Athletic Sneaker P7100M





Sizes: 7-13, 14 Widths: M, W, XW Depth: 5/16"

Performance Athletic P9100M



MENS SPORT

MENS SPORT

MENS SPORT



Sizes: 6.5-13, 14 Widths: M, X, XW Depth: 5/16"

Performance Athletic P9000M







Sizes: 6.5-13, 14 Widths: M, X, XW Depth: 5/16"

Performance Athletic Sneaker P7200M







Sizes: 7-13, 14 Widths: M, X, XW Depth: 5/16"

MENS SPORT

Widths: M, W, XW

Depth: 5/16"

MENS SPORT













MEN'S FOOTWEAR

Rhino Runner x532M* APEX Color: Blue Sizes: 6.5-13,14,15 Widths: M, W, XW Depth: 5/16" * Patented Lockdown ** Heel Strap Design





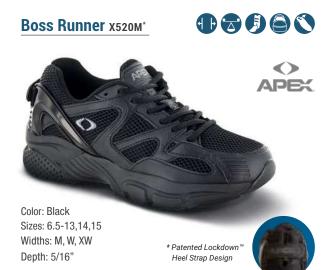


Bolt Atheltic Knit A7000M





Sizes: 7-13,14,15 Widths: M, W, XW Depth: 5/16"



Tacoma 521



Sizes: 7-12,13,14 Widths: M, W, XW Depth: 3/8"

Athletic Bungee Strap A6000M



+00

Sizes: 7-13,14,15 Widths: M, W, XW Depth: 5/16" **MENS SPORT**

MENS SPORT

MENS CASUAL



Sierra Trail Runner v753M











Sizes: 6.5-13,14,15 Widths: M, W, XW Depth: 5/16"

Sierra Trail Runner v751M







MENS SPORT

MENS SPORT



Widths: M, W, XW Depth: 5/16"

Sprint Tie-less 674









Depth: 3/8"

Lace Runner M840LB5





Color: Grey Sizes: 7-12, 13, 14, 15 Widths: D, 2E, 4E Depth: 3/16"

Tabor 20211







Sizes: 7 - 11.5, 12, 13, 14 Widths: M, W, XW Depth: 7/16"

Tabor 20215







Sizes: 7 - 11.5, 12, 13, 14 Widths: M, W, XW Depth: 7/16"

Depth: 5/16"

MENS CASUAL

MENS CASUAL

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<> APEX

MEN'S FOOTWEAR



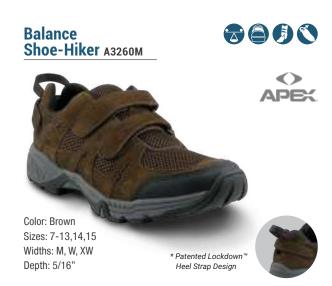


Apex Boat Shoe LT820M









MENS CASUAL

MENS CASUAL

MENS CASUAL

MENS CASUAL



Highline 484





Ariya Moc Toe Y910M

Depth: 7/16"





Sizes: 6.5-13,14,15 Widths: M, W, XW Depth: 5/16"

Depth: 5/16"

Ariya Moc Toe Y900M





Avery Island 410





Sizes: 7-12,13,14 Widths: N, M, W, XW, XXW

Depth: 3/8"

Biomechanical Classic Moc в5000м









Sizes: 6.5-13,14,15,16 Widths: W, XW, XXW Depth: 1/2"

Fully functional vamp opening for easy foot insertion.



Gramercy 465





Sizes: 7-12,13,14 Widths: M, W, XW Depth: 3/8"

Depth: 1/2"

MEN'S FOOTWEAR

Oxford Lace 1270M Color: Black Sizes: 6.5-13,14,15,16 Widths: M, W, XW



MENS DRESS

MENS DRESS

MENS DRESS





Depth: 1/4"





MENS DRESS



Lexington Strap Loafer LT210M





Classic Oxford взооом





MENS DRESS

MENS DRESS





Classic Oxford B3100M















Lincoln Center 585







Gramercy 467



Widths: D, 2E, 4E, 6E Depth: 3/8"

Conform Double Strap 1260M



Sizes: 6.5-13,14,15,16 Widths: M, W, XW, XXW

Depth: 1/2"

MENS BOOT

MEN'S FOOTWEAR

Triple Strap Boot B4200M









Color: Black



Ariya Hiking Boot A4100M











Ariya Hiking Boot A4000M













MENS BOOT

MENS BOOT

MENS BOOT





Sizes: 7-13,14,15 Widths: M, W, XW Depth: 1/2"

Calgary S225-1

Logan LT460M





Sizes: 7-13,14 Widths: M, W, XW Depth: 1/4"

Highline 481

Depth: 3/8"





Depth: 5/16"

MENS BOOT

MENS BOOT



Hudson LT410M





Widths: M, W, XW Depth: 1/4"

Ridgewood 492





Widths: M, X, XW Depth: TBD

Ridgewood 491





Lace Boot B4500M











WHY FOOTWEAR **MATTERS**

Diabetic shoes are specifically designed for foot protection, pressure relief and support. These shoes feature extra depth to accommodate prescribed inserts to ensure that your feet are protected and comfortable throughout the day.

THE COST OF YOUR SHOES MAY BE COVERED BY MEDICARE

The 1993 Theraputic Shoe Bill covers a pair of shoes and inserts every calendar year. Protective footwear can reduce complications of the foot and the number of diabetic amputations.

Coverage is limited to shoes and inserts meeting certain requirements for patients with specific clinical conditions.

Ask your healthcare professional for more information



Diabetes can develop from a lack of insulin production or the inability of insulin to perform its normal everyday functions. People with diabetes can develop foot problems which can lead to very serious complications.

NEUROPATHY

60 - 70% of the over 29 million Americans suffering from diabetes are estimated to have nerve damage. People suffering from neuropathy may not feel minor cuts, scrapes, blisters, or pressure sores. If these minor injuries are left untreated, infection may result and lead to ulceration and possibly even amputation.

POOR CIRCULATION

Diabetes often leads to peripheral vascular disease. Poor circulation reduces the amount of oxygen and nutrients supplied to the skin and other tissue, inhibiting the healing of injuries. Poor circulation can also lead to dryness of the skin. Preventing foot complications is more critical for the patient with diabetes, since poor circulation impairs the healing process and can lead to ulcers, infection and other serious foot conditions.



THE IMPORTANCE OF A **FOOT EXAMINATION**

A Comprehensive Diabetic Foot Exam (CDFE) is performed by a podiatrist to determine your risk of developing serious wounds that could lead to infection and amputation.

Your podiatrist will check your sensory perception (feeling), circulation, and your orthopedic foot structure. The findings of your CDFE will determine your eligibility to receive Medicare coverage for diabetic footwear and inserts through Medicare's Therapeutic Shoe Program.

If the CDFE determines that your feet are at increased risk of ulceration, your podiatrist may prescribe shoes that are covered by a special Medicare program.

YOUR DAILY CARE

Daily observation of the feet is critical. By taking the necessary preventative footcare measures, you can help reduce the risks of serious foot conditions.

FOOT HEALTH CARE TIPS

- · Inspect your feet daily for blisters, cuts and scratches. Always check for cracks in the skin between your toes.
- · Wear shoes that are designed to protect your feet from injury.
- · Wash your feet daily and dry carefully.
- · Avoid extreme temperatures. Test water with your hands or elbow before bathing.
- If your feet feel cold at night, wear socks.
- · Inspect the insides of your shoes for foreign objects and rough areas.
- Shoes should be fitted by a footcare specialist and be comfortable at the time of purchase.
- See your podiatrist regularly



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